

**May 19, 2012 – North Coast Section Tri-Valley Championships @ Granada High School, Livermore**  
**Running Events**

<b>Time</b>	<b>Event</b>	<b>Athlete(s)</b>	<b>Warm-up</b>	<b>Arrival</b>
9:45	Boys 4x100 Relay	Trujillo-Egbujor-Olayomi-Jones (Leung & Lockett)	9:00	8:30
10:40	Girls 100 Hurdles	Moon, Mponte & Priestley	9:40	9:10 (Moon & Priestley)
10:55	Boys 110 Hurdles	Davis	9:55	9:25
11:10	Girls 400	Maghrbi	10:25	9:55
11:25	Boys 400	Olayomi	10:40	-
11:40	Girls 100	Mitchell	10:55	10:25
11:55	Boys 100	Egbujor & Jones	11:10	-
12:25	Boys 800	Pryor	11:35	11:05
12:40	Girls 300 Hurdles	Priestley	11:55	-
12:55	Boys 300 Hurdles	Kless	12:10	11:40
1:10	Girls 200	Kelley, Mitchell & Tran	12:25	11:55 (Kelley & Tran)
1:25	Boys 200	Egbujor, Jones & Olayomi	12:40	-
1:40	Girls 3200	Colwell	12:50	12:20
2:15	Girls 4x400 Relay	Tran-Priestley-Kelley-Everts (Bouri & Mponte)	1:30	1:00 (Everts)
2:35	Boys 4x400 Relay	Achziger-Pryor-Jones-Olayomi (Baker & Kless)	1:50	1:20 (Achziger & Baker)

**Field Events**

<b>Time</b>	<b>Event</b>	<b>Athlete(s)</b>	<b>Warm-up</b>	<b>Arrival</b>
8:30	Girls High Jump	Simmons	7:45	7:15
	Boys Discus	Rudolph	See Coach Sevier	7:15
	Girls Long Jump	Mponte	7:45	7:15
	Boys Triple Jump	Davis & Shaw	7:45	7:15
11:00	Boys High Jump	Davis & Millinder	10:15	9:45 (Millinder)
	Boys Long Jump	Shaw	10:15	-
	Girls Triple Jump	Bouri, Mponte & Simmons	10:15	9:45 (Bouri)

- **All event competitors should report 30 minutes before scheduled start time.**
- **The baseball field east of the stadium and softball field nearest the finish line will be used as the warm-up areas.**
- **The check-in area will be on the softball field nearest the finish line.**