

DFAL Varsity Championships Trials – May 10, 2016 – Campolindo High School, Moraga

<u>Event</u>	<u>Athlete(s)</u>	<u>Warm-up</u>	<u>Report to Bullpen</u>	<u>Start</u>
Girls 1600	Furtado, Gamboa, Kim & Prenton	4:05	4:45	5:00
Boys 1600	Colunga, Gamboa, Koay, Lampi, Lee, Phanse, Schroeder, Scomparin & Zamboanga	4:20	5:01	5:16
Girls 100 Hurdles	Brandon, McGlaston, Mendiola, Tragesser & Williams	4:40	5:17	5:32
Boys 110 Hurdles	Luu, Omo & Shaw	4:50	5:29	5:44
Girls 400	Acuna Bravo, Amante & Feng	Coach Scarpelli	5:41	5:56
Boys 400	Brown, Chen, Durst & Ureta	Coach Scarpelli	5:49	6:04
Girls 100	Bouchard, Brandon, Burks, Leca, Pena, Spooner & Tragesser	Coach Scarpelli	6:01	6:16
Boys 100	Coulbourne, Grant, Ikegami & Moodie	Coach Scarpelli	6:13	6:28
Girls 800	Furtado, Huang, Kim, Nielson & Prenton	5:45	6:25	6:40
Boys 800	Chapman, Colunga, Colwell, Gamboa, Heinbaugh, Koay, Lampi, Lee, Scomparin & Zamboanga	5:55	6:35	6:50
Girls 300 Hurdles	Amante, Chen, Masaki, Mendiola & Williams	6:10	6:45	7:00
Boys 300 Hurdles	Barcnas, Luu, Omo, Shaw & Ureta	6:20	6:57	7:12
Girls 200	Acuna Bravo, Bouchard, Brandon, Burks, Leca, Pena & Spooner	Coach Scarpelli	7:09	7:24
Boys 200	Durst & Ikegami	Coach Scarpelli	7:21	7:36

DFAL Varsity Championships Field Event Finals – 4:30 PM

<u>Event</u>	<u>Athlete(s)</u>	<u>Warm-up</u>
Girls Triple Jump	Chin, Haubert & Mendiola	3:45
Boys Triple Jump	Grant, Ikegami, Moon, Rajan & Shaw	3:45
Girls High Jump	Spooner	Coach Matthews
Boys Pole Vault	Brunckhorst, Jimenez, Liu & Palomares	Coach Stange
Boys Shot Put	Arevaol, Martinez & Mengell	Coach McFarland
Girls Discus	Aguirre, Atendido, Jackson-Tobey, Masaki, Park & Simmons	Coach McFarland