

THROWDOWN

Albany, CA

Cougar Field

March 12, 2016

**OFFICIAL MEET REPORT**

printed: 3/13/2016 10:40 AM

RESULTS**#1 Varsity Boys Shot (Division 1)****Prelim**

Pl	Name	Yr Team	Mark	F (Pl)
1	MAPA, Ngahe	SR Mills	50' 5"	4 (1)
2	GRAJEDA, Oliver	SR Granada	47' 5.25"	4 (2)
3	GLOVER, Alex	Saint Mary's	43' 4.50"	4 (3)
4	MAPA, Isi	JR Mills	41' 1"	4 (4)
5	BAZAKAS, Theo	JR Berkeley	40' 10.50"	4 (5)
6	SILVERTHORN,	SO Granada	40' 2.50"	4 (6)
7	KIM, Muga	SR Albany	39' 8.50"	3 (1)
8	BGLITSOFF, Ryan	JR Mills	38' 9"	3 (2)
9	MILTON, Marco	Berkeley	37' 11"	3 (3)
10	TINGLE, Damien	Saint Mary's	37' 5.75"	3 (4)
11	WU, Herman	JR Albany	37' 5.50"	3 (5)
12	MENGELL, Joshua	SR Dublin	37' 4.75"	1 (1)
13	LEW, Mathew	JR Sacred Heart	36' 11.75"	2 (1)
14	JESSIE, Luther	Saint Mary's	36' 6"	3 (6)
14	MILLER, Chris	JR Albany	36' 6"	4 (7)
16	MARTINEZ, Angel	SR Dublin	32' 6.75"	2 (2)
17	SUCHIKUL, Rafael	SR Sacred Heart	32' 4.25"	2 (3)
18	HARESCO, Julian	SR Campolindo	31' 10"	2 (4)
19	SHASTRY,	SR Dublin	30' 3.25"	2 (5)
20	RUCKER, Dylanger	SR Granada	29' 2.50"	2 (6)
21	TRAN, Calvin	SR Saint Joeseeph Notre	28' 8"	1 (2)
22	UCHE, Obim	Saint Mary's	28' 1.75"	1 (3)
23	DAO, Trey	JR Albany	27' 2.50"	2 (7)
24	KOLICS, Erik	SR Dublin	27' 2"	1 (4)
25	GARVEY, Sean	SR Campolindo	26' 11"	1 (5)
26	SINGH, Alam	SR Albany	26' 3"	1 (6)
27	GIL, Jaime	SR Berkeley	25' 6"	2 (8)
28	HENNINGER, Jally	Berkeley	25' 3"	2 (9)
29	GONZALEZ, Bryant	SR Sacred Heart	25' 2.50"	1 (7)
	GIFFITH, Morgan	JR Saint Joeseeph Notre	ND	1
	COOPER, Ormand	SR Saint Joeseeph Notre	ND	1
	BRANCO-	SR Granada	ND	1
	WILLIAMS, Jacob	SR Berkeley	ND	1
	FARSI, Amir	JR Amador Valley	ND	2
	KARIM, Christian	SR Amador Valley	ND	2
	FINCH, Ibrahim	JR Berkeley	ND	2
	AREVALO, David	SR Dublin	ND	3
	BARTALO, Mason	JR Amador Valley	ND	3
	SAGAR, Sahil	JR Amador Valley	ND	3
	SOWELL, Nick	JR Amador Valley	ND	3
	DUGGAN, Andrew	SR Amador Valley	ND	3
	KITCHEN, Jovan	Saint Mary's	FOUL	4
	GUASCH, Samuel	JR Granada	ND	4
	ESPARZA, Nathan	SR Amador Valley	ND	4

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RESULTS**#2 Frosh Soph Boys Shot (Division 2)****Prelim**

Pl	Name	Yr Team	Mark	F (Pl)
1	LANGI, Sione	SO Mills	44' 7.75"	3 (1)
2	UAI, Elias	Mills	44' 1"	3 (2)
3	SKYRIOTIS, Mike	SO Mills	41' 2.50"	3 (3)
4	SAEL, Christian	SO Mills	41' 2.25"	3 (4)
5	GOLDFEIN, Spencer	FR Sacred Heart	38' 8.25"	3 (5)
6	MEDINA, Raymon	SO Mills	37' 7.50"	3 (6)
7	PALMA, Nick	SO Amador Valley	37' 0.25"	2 (1)
8	MOORE, Lucas	FR Campolindo	36' 10.75"	3 (7)
9	URQUART, Jordan	FR Amador Valley	36' 3.50"	2 (2)
10	CALHOUN, Logan	SO Dublin	34' 5.50"	2 (3)
11	MASSIE, Jake	SO Amador Valley	32' 1.50"	3 (8)
12	WILBUR, Drake	FR Amador Valley	30' 10"	1 (1)
13	TONGA, Jacob	SO Mills	29' 11.25"	2 (4)
14	MCDANIEL, Jeremy	FR Dublin	25' 11"	2 (5)
15	NAGPAL, Meher	SO Amador Valley	25' 10.75"	1 (2)
16	LUPERINE, Joey	FR Amador Valley	21' 8.50"	1 (3)
17	MCCLOY, James	FR Saint Joeseeph Notre	19' 10.50"	1 (4)
18	BELMONT, Eric	FR Albany	14' 8"	1 (5)
	HELMERS, Aaron	FR Amador Valley	ND	1
	RONDONI, Ian	FR Amador Valley	ND	1
	MARTINEZ, Janiel	FR Amador Valley	ND	1
	GURLEY, Jaxen	FR Amador Valley	ND	1
	VERNAY, Vincent	SO Amador Valley	ND	1
	MASSIE, Nick	SO Amador Valley	ND	2
	OWENS, Brandon	Saint Mary's	ND	2
	TU, Norman	FR Berkeley	ND	2
	JENNIGER, Jaali	SO Berkeley	ND	2
	PIETRE, Jean-Pierre	Saint Mary's	ND	3

#5 Varsity Boys Discus (Division 1)**Prelim**

Pl	Name	Yr Team	Mark	F (Pl)
1	ESPARZA, Nathan	SR Amador Valley	168' 9.50"	4 (1)
2	DUGGAN, Andrew	SR Amador Valley	137' 9"	4 (2)
3	MAPA, Ngahe	SR Mills	133' 2"	4 (3)
4	GRAJEDA, Oliver	SR Granada	126' 4"	4 (4)
5	TINGLE, Damien	Saint Mary's	123' 10.50"	4 (5)
6	BAZAKAS, Theo	JR Berkeley	119' 10.50"	4 (6)
7	BGLITSOFF, Ryan	JR Mills	118' 3.50"	3 (1)
8	SILVERTHORN,	SO Granada	116' 9"	4 (7)
9	WU, Herman	JR Albany	116' 6"	4 (8)
10	SOWELL, Nick	JR Amador Valley	110' 3"	4 (9)
11	SHASTRY,	SR Dublin	108' 3"	3 (2)
12	MENGELL, Joshua	SR Dublin	107' 5"	1 (1)
13	MILLER, Chris	JR Albany	107' 0"	2 (1)

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RESULTS**#5 Varsity Boys Discus (Division 1) (cont'd)****Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
14	FINCH, Ibrahim	JR	Berkeley	106' 7"	3 (3)
15	SAGAR, Sahil	JR	Amador Valley	105' 10"	4 (10)
16	HARESCO, Julian	SR	Campolindo	101' 1"	3 (4)
17	KITCHEN, Jovan		Saint Mary's	100' 11"	3 (5)
18	GARVEY, Sean	SR	Campolindo	99' 5"	2 (2)
19	MAPA, Isi	JR	Mills	95' 10"	3 (6)
20	LEW, Mathew	JR	Sacred Heart	88' 6"	2 (3)
21	DAO, Trey	JR	Albany	87' 6.50"	2 (4)
22	KIM, Muga	SR	Albany	86' 4.50"	3 (7)
23	RUCKER, Dylanger	SR	Granada	85' 8"	2 (5)
24	BARTALO, Mason	JR	Amador Valley	82' 10.50"	2 (6)
25	UCHE, Obim		Saint Mary's	81' 6"	1 (2)
26	MARTINEZ, Angel	SR	Dublin	80' 6.50"	2 (7)
27	TRAN, Calvin	SR	Saint Joeseeph Notre	77' 6.50"	1 (3)
28	SUCHIKUL, Rafael	SR	Sacred Heart	77' 1"	1 (4)
29	JESSIE, Luther		Saint Mary's	75' 2.50"	2 (8)
30	KOLICS, Erik	SR	Dublin	70' 9"	2 (9)
31	GONZALEZ, Bryant	SR	Sacred Heart	70' 3"	1 (5)
32	MILTON, Marco	SO	Berkeley	68' 5"	2 (10)
33	GIL, Jaime	SR	Berkeley	66' 0.50"	2 (11)
34	HENNINGER, Jally		Berkeley	63' 5"	1 (6)
35	SINGH, Alam	SR	Albany	61' 8"	1 (7)
	COOPER, Ormand	SR	Saint Joeseeph Notre	ND	1
	GIFFITH, Morgan	JR	Saint Joeseeph Notre	ND	1
	FARSI, Amir	JR	Amador Valley	FOUL	1
	BRANCO-	SR	Granada	ND	1
	WILLIAMS, Jacob	SR	Berkeley	ND	1
	AREVALO, David	SR	Dublin	ND	2
	JIMENEZ-SMITH,		Saint Mary's	ND	3
	KARIM, Christian	SR	Amador Valley	ND	3
	GUASCH, Samuel	JR	Granada	ND	3

#6 Frosh Soph Boys Discus (Division 2)**Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
1	LANGI, Sione	SO	Mills	135' 8"	3 (1)
2	MOORE, Lucas	FR	Campolindo	110' 3.50"	3 (2)
3	SKYRIOTIS, Mike	SO	Mills	98' 10"	3 (3)
4	TONGA, Jacob	SO	Mills	92' 6.50"	2 (1)
5	UAI, Elias		Mills	91' 7"	3 (4)
6	GOLDFEIN, Spencer	FR	Sacred Heart	88' 8.50"	3 (5)
7	CALHOUN, Logan	SO	Dublin	84' 5"	2 (2)
8	SAEL, Christian	SO	Mills	83' 1.50"	3 (6)
9	MCDANIEL, Jeremy	FR	Dublin	75' 7.50"	2 (3)
10	MEDINA, Raymon	SO	Mills	73' 9"	2 (4)

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RESULTS**#6 Frosh Soph Boys Discus (Division 2) (cont'd)****Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
11	MCCLOY, James	FR	Saint Joeseeph Notre	43' 4"	1 (1)
	BELMONT, Eric	FR	Albany	ND	1
	PIETRE, Jean-Pierre		Saint Mary's	ND	1
	OWENS, Brandon		Saint Mary's	ND	1
	LUPERINE, Joey	FR	Amador Valley	ND	1
	GURLEY, Jaxen	FR	Amador Valley	ND	1
	HELMERS, Aaron	FR	Amador Valley	ND	1
	WILBUR, Drake	FR	Amador Valley	ND	1
	MARTINEZ, Janiel	FR	Amador Valley	ND	1
	NAGPAL, Meher	SO	Amador Valley	ND	1
	RONDONI, Ian	FR	Amador Valley	ND	2
	VERNAY, Vincent	SO	Amador Valley	ND	2
	URQUART, Jordan	FR	Amador Valley	ND	2
	MASSIE, Nick	SO	Amador Valley	ND	2
	TU, Norman	FR	Berkeley	ND	2
	MASSIE, Jake	SO	Amador Valley	ND	3
	MILTON, Marco	SO	Berkeley	ND	3
	JENNIGER, Jaali	SO	Berkeley	ND	3
	PALMA, Nick	SO	Amador Valley	ND	3

#3 Varsity Girls Shot (Division 1)**Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
1	LANGI, Tulo	SR	Mills	40' 4"	3 (1)
2	PALMA, Tori	SR	Amador Valley	39' 3.25"	3 (2)
3	GIBBS, Julia	SR	Mills	36' 5"	3 (3)
4	FARIS, Charlie	SR	Amador Valley	32' 5.75"	3 (4)
5	CLARK, Leilah	SO	Saint Joeseeph Notre	28' 2.50"	1 (1)
6	AGUIRRE, Angeli	SR	Dublin	28' 1"	3 (5)
7	PIPE, Miara	JR	Amador Valley	27' 6.50"	3 (6)
8	BROWN, Mackenzie	JR	Campolindo	25' 4.75"	2 (1)
9	MASAKI, Aiko	JR	Dublin	25' 3.50"	2 (2)
10	PEW, Julia	JR	Berkeley	25' 2"	2 (3)
11	SIMMONS, Taliyah	JR	Dublin	24' 7.75"	1 (2)
12	PARK, Grace	SR	Dublin	23' 10.50"	2 (4)
13	CORTES, Maria	JR	Albany	22' 3"	2 (5)
14	YAMASAKI, Caitlin	JR	Sacred Heart	22' 2.50"	2 (6)
15	TUCKER, Anmerlyn	JR	Campolindo	22' 1.75"	1 (3)
16	KAUR, Simerdeep	SR	Amador Valley	22' 1"	2 (7)
17	LOPEZ, Andrea	JR	Amador Valley	21' 0.75"	1 (4)
18	ZAHID, Wajiha	JR	Albany	19' 10.75"	1 (5)
19	JACKSON-TOBEY,	JR	Dublin	19' 10"	1 (6)
20	FINCH, Safiyya	SR	Berkeley	19' 7"	2 (8)
21	PAL, Karin	JR	Albany	16' 4.25"	1 (7)
22	OLVIAS, Icyss	JR	Albany	16' 0.75"	1 (8)

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RESULTS**#3 Varsity Girls Shot (Division 1) (cont'd)****Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
23	BALDERAS, Karla	JR	Albany	14' 0"	1 (9)
	ATENDIDO,	JR	Dublin	ND	1
	MATRANGA, Claire	JR	Campolindo	ND	1
	MOORE, Aolani	SR	Berkeley	ND	2
	MARCH, Emiliy	SO	Granada	ND	3
	LIVAI, Taina	JR	Mills	ND	3

#4 Frosh Soph Girls Shot (Division 2)**Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
1	IKAHIHIFO, Nawe	FR	Mills	30' 8.50"	2 (1)
2	LANGI, Nene	FR	Mills	30' 1.50"	2 (2)
3	AREVALO, Gracie		Saint Mary's	25' 11"	2 (3)
4	IKAHIHIFO, Mele	SO	Mills	25' 10"	2 (4)
5	HALLIHAN, Shanna	SO	Campolindo	23' 5"	2 (5)
6	LANGSTAFF,	SO	Campolindo	22' 11.50"	1 (1)
7	SHINE, Shavase	FR	Albany	22' 5"	1 (2)
8	JIA, Brigitte	SO	Campolindo	21' 9"	1 (3)
9	KHAN, Yusra	SO	Campolindo	20' 6"	1 (4)
10	SIMMONS, Tiana	FR	Dublin	19' 9"	2 (6)
11	WARZYNIAK, Zoe	SO	Dublin	19' 6.50"	2 (7)
12	CHEN, Ria	SO	Campolindo	19' 0"	1 (5)
13	BECKMAN, Emily	SO	Berkeley	18' 7"	2 (8)
14	FARRELL, Maci	FR	Campolindo	17' 6"	1 (6)
15	JIANG, Anna	SO	Campolindo	15' 8"	1 (7)
	HOFFMAN, Juliet	FR	Amador Valley	ND	1

#7 Varsity Girls Discus (Division 1)**Prelim**

Pl	Name	Yr	Team	Mark	F (Pl)
1	GIBBS, Julia	SR	Mills	109' 11.50"	3 (1)
2	LANGI, Tulo	SR	Mills	93' 0"	3 (2)
3	BROWN, Mackenzie	JR	Campolindo	86' 9"	3 (3)
4	CORTES, Maria	JR	Albany	83' 8"	2 (1)
5	CLARK, Leilah	SO	Saint Joeseeph Notre	82' 3"	1 (1)
6	MASAKI, Aiko	JR	Dublin	81' 0"	2 (2)
7	FINCH, Safiyya	SR	Berkeley	80' 5"	2 (3)
8	PEW, Julia	JR	Berkeley	76' 6.50"	2 (4)
9	AGUIRRE, Angeli	SR	Dublin	73' 11"	2 (5)
10	SIMMONS, Taliyah	JR	Dublin	72' 8.50"	1 (2)
11	TUCKER, Anmerlyn	JR	Campolindo	69' 0"	2 (6)
12	YAMASAKI, Caitlin	JR	Sacred Heart	66' 7"	1 (3)
13	PARK, Grace	SR	Dublin	58' 5"	2 (7)
14	ZAHID, Wajiha	JR	Albany	56' 10"	1 (4)
15	PAL, Karin	JR	Albany	54' 6"	1 (5)

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#7 Varsity Girls Discus (Division 1) (cont'd)**Prelim**

Pl	Name	Yr Team	Mark	F (Pl)
16	MATRANGA, Claire	JR Campolindo	54' 5.50"	1 (6)
17	JACKSON-TOBEY,	JR Dublin	47' 4.50"	1 (7)
18	OLVIAS, Icyss	JR Albany	43' 2"	1 (8)
19	BALDERAS, Karla	JR Albany	38' 9"	1 (9)
	ATENDIDO,	JR Dublin	ND	1
	MOORE, Aolani	SR Berkeley	ND	2
	LOPEZ, Andrea	JR Amador Valley	ND	2
	KAUR, Simerdeep	SR Amador Valley	ND	3
	MARCH, Emiliy	SO Granada	ND	3
	PIPE, Miara	JR Amador Valley	ND	3
	LIVAI, Taina	JR Mills	ND	3
	FARIS, Charlie	SR Amador Valley	ND	3
	PALMA, Tori	SR Amador Valley	ND	3

#8 Frosh Soph Girls Discus (Division 2)**Prelim**

Pl	Name	Yr Team	Mark	F (Pl)
1	LANGI, Nene	FR Mills	79' 10"	2 (1)
2	IKAHIHIFO, Nawe	FR Mills	76' 5"	2 (2)
3	SHINE, Shavase	FR Albany	74' 8"	1 (1)
4	AREVALO, Gracie	Saint Mary's	66' 11"	1 (2)
5	WARZYNIAK, Zoe	SO Dublin	65' 10"	2 (3)
6	CHEN, Ria	SO Campolindo	65' 6"	2 (4)
7	JIA, Brigitte	SO Campolindo	65' 0.50"	2 (5)
8	LANGSTAFF,	SO Campolindo	57' 8"	2 (6)
9	IKAHIHIFO, Mele	SO Mills	57' 4"	2 (7)
10	HALLIHAN, Shanna	SO Campolindo	50' 9"	1 (3)
11	BECKMAN, Emily	SO Berkeley	49' 10"	1 (4)
12	KHAN, Yusra	SO Campolindo	45' 1.50"	1 (5)
13	JIANG, Anna	SO Campolindo	43' 11"	2 (8)
14	FARRELL, Maci	FR Campolindo	40' 0.50"	1 (6)
15	SIMMONS, Tiana	FR Dublin	34' 3"	1 (7)
16	MAHAR-MORTON,	Berkeley	32' 4"	1 (8)
	HOFFMAN, Juliet	FR Amador Valley	ND	1